

## For everybody on NHA Winter Solstice 2011

Escrito por NHA  
Sábado 17 de Diciembre de 2011 12:18 -

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There are no translations available.

Here's another new year; that's another new chance  
To remake our lives, you and me;  
A world without borders or barriers or bounds

A world some don't want us to see...

Each year I resolve with the strongest intent  
To go farther this year than the last.  
And to look back and see how far last year I went,  
Though distractions distract me so fast!

I did meditation and lay on my bed,

I just started to feel where its at,

With a wonderful warmth round the top of my head,

Then I looked up and saw its the cat.

I threw out my TV! My girlfriend went too,

But that's a good lesson you see;

It was 50" wide, and I think on the side

She was living with it, not with me.

I went low GI and I've lost lots of weight

And now eating whatever I please,

But last night I dreamed I had antlers and wings,

So I really must lay off the cheese.

My new GSR made an interesting noise,

Which I hoped was my mind rearranging,

Then I read the instructions; my genius it seems

Was just that the batteries need changing.

But with this new year I just know I'll win out,  
Just watch how I do and you'll see!  
I'm not going to head for another blowout;  
I'll be cool as I know I can be.

Cos when stupid things beckon, and I'm not so strong,  
When I snapback and fall on my ass,  
I'll be thankful again you folks help me along  
As you have during all the years past.

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I'm so grateful that you're all here! Happy New Year!

*potmouse*